



Weekly at St. Brendan's

Sunday 10:00 a.m. Worship, via live streaming

https://www.youtube.com/channel/UcKCY2BEJXlqMoVc_nXXG7ew

Monday 8:15 a.m. Daily Morning Prayer, via zoom

<https://us02web.zoom.us/j/4796201105?pwd=bXM5OHJ2UEh4TXhQT1RkZnVrQWNVdz09>

Meeting ID: 479 620 1105 Passcode: 092720

11:00 a.m. Be a Modern Episcopalian, via zoom

Zoom Meeting <https://zoom.us/j/4575423762>.

Tuesday 7:00 a.m. AA meeting, via zoom

Dial in: 312-626-6799 Meeting Id:345 892 252

9:00 a.m. Staff meeting, via zoom

Zoom Meeting <https://zoom.us/j/4575423762>

11:00 a.m. Bible Study, via zoom

Zoom Meeting <https://zoom.us/j/4575423762>

4:30 p.m. Book Club discussion, via zoom

Zoom Meeting <https://us02web.zoom.us/j/81484853481>

Sunday, October 4, 2020

Celebrant: The Rev. Julie Smith

Participating and representing St. Brendan's in prayer and worship and receiving Holy Eucharist for all members and friends of St. Brendan's.

The Priest's Corner

An island of serenity, an oasis of calm . . .

Wow, what a week.

If you watched or have listened to the reporting about this week's "debate" you may be like me, a bit weary and exhausted by this political season. And the election is still a month away. I promise, this is not about the election, but it makes me consider what in the world has led us to this?

How can adults, on an international stage, behave in ways that would have me send them to the principal's office if it happened in a classroom? What makes anyone think that talking over, interrupting, and shouting is a way to be heard? That elevating the noise leads viewers to want to be a *part* of the noise?

How refreshing it is, then, to turn off the radio in my car, be in a cell phone dead space, and think about (as I paraphrase) a passage from James, "let every person be quick to hear, slow to speak, slow to anger for anger does not produce righteousness." Hmm, quick to hear and slow to speak? I think I'm onto something that may help create that oasis of peace and calm I'm looking for.

A friend in seminary, a retired navy fighter pilot, told us that in flight school he was taught to wind the clock. That in a multimillion dollar advanced, computer-powered fighter, he had an analog clock and one skill was to wind the clock. And we all looked at him and wondered where that story was going. He told that with adrenaline pumping you may not make good decisions, so flying at several hundred miles an hour the command would come to wind the clock – it gave him something physical to do why he considered his next step.

Some people polish their glasses, others say the Serenity Prayer, but each of these actions are the same. We are winding our clocks so we can process what we have been quick to hear. We are being slow to speak so that the next thing we say will be the right thing we want to say.

But our actions and prayers give us a speed bump and physical reminder to pause and approach each moment with wisdom and courage. Winding our clocks reminds us to examine our response so we can think and respond rather than simply react.

In this pause, I am reminded of Paul's words to the Philippians, "do not worry about anything" this isn't to say chaos and storms don't happen, they do. But if I pause to consider, if I wind my clock, it allows me to take a moment for a prayer of thanksgiving before I rejoin the world having visited an oasis of peace.

**Peace
Julie+**





Celebrating October wedding anniversaries of:

3 Emily & Brad Zupancic	4 Nancy & Wilder Bancroft	4 Allison & Phil Burdette
4 Ruth & Steve Horton	12 Mary & Karl Haider	17 Kelli & Bobby Cerra
17 Brigid & James Christenson	22 Saundy & Tom Waseleski	25 Joan & Paul Klinefelter
31 Peter Sweet & Mike Newton		



Celebrating October birthdays of:

1 Kate Heston	1 Ken Parsons	2 Annemarie Malbon	3 Michael Long
6 Nicholas Fleissner	7 LuAnn Aldridge	15 John Riley	15 Randy Stachel
17 Mary Haider	18 Conor Wick	20 Mike Newton	21 Judy Flick
23 Gail Gil	24 Caitlyn Schantz	29 Karen Dennis	30 Karl Haider
31 Darrell Johnson			

If you would like your birthday and/or wedding celebration published in our Little Log, please contact Katie with the dates. StBrendansKatie@gmail.com.

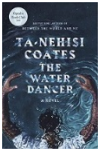


Mark your calendar for Blessing of the Animals, October 11, 12:00 noon at Blueberry Hill Park. Please bring your pet for a blessing. We will also remember the pets we have lost. The entrance to this beautiful park lies just half a mile down the hill from St. Brendan's (take a right onto Blaine's Way, Sewickley, PA 15143). A large shelter has been reserved to protect everyone from all but the worst weather. Any cancellation will be posted as an email blast and on the church's Web site, and will also be announced during the 10:00 a.m. service.

Welcoming all our animal friends: hairy, furry or scaly; hooved or winged; two-, four- or eight-legged; cute or curious!

Please take care to protect your pet and the pets of others in an appropriate way when you come to the park! If your pet does not play well with others, a photo or a stuffed animal can be blessed instead. Sunday, October 11, Noon – 2:00 p.m.

If you are able, please bring some pet food with you to the Blessing and we will see that it reaches animals in need. Thank you!



Our book discussion group continues to meet on Tuesdays at 4:30 via zoom. We are reading – *The Water Dancer* by Ta-Nehisi Coates. We read a chapter or two at a time - not the whole book - so our discussions can go a bit deeper.

If you would like to join us or if you need assistance, contact Julie jlsphone1@gmail.com.

Feel free to join us on zoom <https://us02web.zoom.us/j/81484853481> Meeting ID: 814 8485 3481, if needed.



We continue to offer the **opportunity to receive communion on Mondays and Fridays** by appointment only. If you are interested, email Katie at StBrendansKatie@gmail.com your availability Monday/Friday and morning/afternoon. You'll come to the portico in front of the church with a mask on and approach the reception area in a socially distanced way. Regis or Julie will meet you for a brief service with Eucharist available for you to receive. We can catch up for a few minutes then depart.

Senior Warden's Corner

As avid readers of The Little Log are aware, we have several events coming up at which Brendanites will have the opportunity to see one another "in the flesh" once again. On October 11, we will be blessing pets in Blueberry Park and in about six weeks, we hope to be able to hold our trimmed-down, drive-up version of the annual St. Brendan's Cookie Walk. A small committee is even discussing when and how we might begin admitting small numbers of parishioners into the Sunday Eucharist services (while continuing to live-stream them, of course, for most church members and friends).

At the risk of sounding too much like a former schoolteacher (I come by those genes honestly, by the way: my father, mother, wife, oldest daughter and only daughter-in-law are all teachers!), I need to remind everyone that our ability gradually to return to activities as a community will depend on the discipline we all show with respect to mask-wearing, social distancing and hand-washing/sanitizing. The Bishop has been clear in insisting that events should be canceled on the spot if those attending cannot observe the simple protocols we now know so well—and he included even liturgical events. Our own Reopening Working Group offered the same counsel, Fr. Regis and I ditto.

Please do join us for the upcoming festivities if you are in thoroughly good health and feel comfortable doing so. But bring masks for every member of your group, listen carefully to the instructions of Fr. Regis and the organizers of each event, and follow them "religiously"—pun fully intended. On the other hand, if you have any misgivings or are feeling under the weather, know that nobody will fault you for a second when you decide that discretion in the world of COVID-19 is most definitely the better part of valor.

CRIS Advocacy. (Christian Response In Emergency Situations). This week we are supporting the work of Homeless Children Education Fund. They provide hope through learning for homeless children in Allegheny County.



We received a thank you note from the North Hills Food Bank.

"I send a special thank you to all of your parishioners for the wonderful produce they donated over the past several months. The peppers, cucumbers, herbs, tomatoes, kale, zucchini, squash and any other item that I may have missed looked very good and of course fresh!!! It was a treat to see how happy our clients were to be able to get the fresh produce. You could not have found better items to donate. I send you all a Big Thank You hug. God bless you. Bobbe, Director North Hills Food Bank".



Next Public Forum: October 13 on Voter Suppression:

In line with St. Brendan's commitment to support Black Lives Matter, our next Public Forum will be held on Tuesday, October 13 at 7:15 pm via Zoom. The topic will be voting rights/voter suppression, which remains a significant issue for people of color right here in Allegheny County and surrounding areas.

The following will be there discussing this crucial issue:

Moderator: Regis Smolko, Priest, St. Brendan's Episcopal Church

Panelists: Moni McIntyre, Rector of the Church of Holy Cross in Homewood, professor at Duquesne University
Ron Bandes, Election Integrity and Security Professional, League of Women Voters
Ms. Esther Bush, President of the Urban League of Greater Pittsburgh
Tim Stevens, Chairman and CEO, Black Political Empowerment Project (B-PEP)

Mark Tuesday, October 15 at 7:15 pm on your calendar for this important event! Go to stbrendans.org for more information and to register. You can also register by emailing Katie at StBrendansKatie@gmail.com. Thank you!



You can help. We have tubs outside to the right of the front doors for any food donations. Or, if you wish, checks can be sent to St. Brendan's and we will convert them into grocery gift cards. **We have now discovered a new mission. There are halfway houses in lower income areas who share any donations to them with their neighbors, and we will be supporting them with some of our food donations. This gives those residents a sense of meaningful purpose, being the ones to share rather than the ones in need.** We will continue distributing food to the North Hills Food Bank and the Community Outreach.

Need food? We can help. If you or someone you know has a food shortage, contact the church and we will be happy to help.



Please make note of these important dates:

October 19 last day to register.
October 27 last day to apply for mail-in ballot.
November 3 ELECTION DAY.



More information is available at: vote411.org. Plan your vote now.



Do you have a special prayer request? Contact Ruth Horton rvhorton@gmail.com. Pastoral Care Ministry members will include those persons in daily prayers or send out a prayer via text or email to someone if requested. All prayers and requests are kept confidential.

"White privilege" is a term we have heard often lately. Do you really understand what is meant by that phrase? White privilege is not racism, it is not prejudice, it is not hatred, it is not intolerance and it is not white supremacy. Join us on October 6 to unpack what white privilege means and how this invisible advantage affects the American experience.

Please join Julie and Ginny for the fourth discussion in this series which will be facilitated by Marilyn Mulvihill. This discussion will define and discuss White Privilege.

Attendance at a prior discussion is not necessary to be a part of our next discussion at a new time.

Tuesday, October 6 at 7 PM.

We hope to continue to discuss what being an ally means for us individually/collectively and how to process what we are experiencing. Contact Ginny Volponi if you have questions, ginny4045@gmail.com. The Zoom link for the Antiracism discussions is <https://us02web.zoom.us/j/4796201105>. Meeting ID: 479 620 1105 One tap mobile +13126266799,,4796201105# US (Chicago) +19292056099,,4796201105# US (New York)

Collection for Haiti: We have resumed our collection of items to be sent to Haiti. Summer clothing, shoes and any medical supplies (walkers, wheelchairs, etc.) are especially needed. If you have items to donate, you can drop them off in the large blue bin on the front porch of St. Brendan's. Thank you for any help you can give!

Volunteer Opportunity! We are looking for several Brendanites who would be interested in volunteering at the Trinity Walk-in Cathedral in downtown Pittsburgh. The Trinity Cathedral Ministry helps feed and clothe many people in desperate need. Our involvement is to help sort and distribute those items to those who need them. This would involve a commitment of 4-5 hours every five weeks at most, usually from 10am am til 2pm. You'll find this volunteer work to be very worthwhile and fulfilling. If you are interested in helping, please contact Katie at StBrendansKatie@gmail.com.

On Sunday, October 4, at 7 pm, the **Diocesan Social Justice and Outreach Committee and Commission on Race and Reconciliation** will present a Zoom talk, "A City Divided: Police/Citizen Violence, Police Reform," by Professor David Harris, with a response by Rev. Dr. John Welch.

David Harris is Professor of Law at Pitt and the author of A City Divided: Race, Fear and the Law in Police/Citizen Confrontations. He has worked with police departments, governments, and citizens' groups in Pittsburgh and around the country. Rev. Dr. John Welch, formerly Vice President of Pittsburgh Theological Seminary and Chief Chaplain of Pittsburgh Police, is currently Board President of Gamaliel Network and Lecturer at Pitt Business School's Berg Center for Ethics and Leadership.

The event is co-sponsored by St. Brendan's Justice Ministry and 8 other faith groups, mostly from the Episcopal Diocese.

To Join This Zoom Meeting <https://us02web.zoom.us/j/84640041246...>

Dial by your location +1 301 715 8592 US (Germantown) +1 312 626 6799 US (Chicago)

Meeting ID: 846 4004 1246 Passcode 738989

Dear Friends of St. Brendan's,

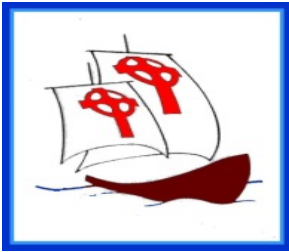
St. Brendan's Episcopal Church would like to thank, and request your prayers for, the following parishioners and friends or family of parishioners. Each is a medical professional or an emergency first responder who is helping people cope with the Coronavirus outbreak. They are using their skills and risking their own well-being by tending to those whose health has been threatened.

We are grateful for their selfless dedication and ask that God watch over them, keep them safe and give them both strength and rest. We hope that you will join the church in thanking and praying for:

Kimberly Becker	Maddie Bell	Kate Burnett	Frank Casey	Bob Cerra
Brenna Conroy	Adele Cotter	James Cotter	Laura Dugan Demers	Nicholas Demers
Andrea Dickerson	Franklin Park Police Department		Franklin Park Volunteer Fire Department	
Rebecca Donadee	Amanda Gagnon	Jeff Gagnon	Shelley Gagnon	Betsy Gentile
Lynne Gloor	Ann Hockenberry	Beth Lutz Hoffman	Eric Hood	John Jacobs and staff
Kerri Jensen	Dr. Ken	Luke O'Neill	Kim Pierce	Becca Sands
Warren Sands	Andrew Smith	Justin Zeigler	Cindy	Jennifer
Julie	Mike	Patrick		

Prayer for our medical personnel and first responders.

Lord, please bless and care for all healthcare workers and first responders. Grant them wisdom, knowledge, skill and compassion so that they may be instruments of Your healing power for those they serve and care for. Give them strength and support. May they be able to do their work in a spirit of love and kindness and mercy. Keep them safe and well as they make personal sacrifices on behalf of Your community. Amen.



ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.
Our mission is the realization of fullness through:
the worship of God; service to the world;
active concern for each other;
and education to expand mind and spirit.

VESTRY MEMBERS

Sr. Warden: Tim Austin
Jr. Warden & Secretary/Clerk: Ruth Horton
Adult Formation: Dean Peters
Audio-Visual Technology: Cameron Grosh
Communication: Annemarie Malbon
Finance: Mary Bertucci
Fundraising: Larry Toler
Inreach & Hospitality: Janice Moore
Newcomers: Mary Bertucci
Dean Peters
Outreach: Donna Aiello
Safety & Security: Tim Austin
Stewardship: Larry Toler
Treasurer: Ellen Groves
Assistant Treasurer: Roger Botti
Worship: Cameron Grosh

WORSHIP MINISTRY LEADERS

Acolytes: Anelisa Tarrant
Altar Guild: Anelisa Tarrant
Pastoral Care Ministry: Ruth Horton
Flower Ministry: Libby Juel
Sylvia Affleck
Scheduler: Kelli Cerra
Ushers: Eric Helmsen

PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd
Book Club: Pat Carl
Book Discussion Club: Julie Smith
Brendan's Boots: Tom Waseleski
Dinner Group: Janice Moore
Finance Chair: Eric Helmsen
Green Thumb Gang: Dan Moore
Historian: Ellen Groves
Holiday Arts & Crafts Sale: Karen Dennis
Memorial Garden: Dan Moore
Merry Meal Makers (M&M's): Saundy Waseleski
Parish Profile: Inactive
Reiki Ministry: Melanie Popovich
Rental: George Snyder
Scholarship: Tom Waseleski
Sticks & Strings: Joni Reis
Debbie Jennings
Web Site: Kelli Cerra

OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski
CRIES Advocacy: Ellen Groves
ESL: Tim Austin
Joyce Donadee
Linda Schneider
Garden of Hope: Tim Michael
Justice Ministry: Donna Aiello
Miryam's: Julia Wick
North Hills Food Banks: Ruth Horton & Donna Aiello

ST. BRENDAN'S EPISCOPAL CHURCH

Corner of Rochester & McAleer Roads
2365 McAleer Road, Sewickley, PA 15143
Phone ~ 412-364-5974

Office hours ~ Monday thru Friday 8:00-2:00

Web Site ~ <http://www.stbrendans.org>

Online Parish Directory ~ <https://www.stbrpit.com/> (authorization required for access--apply online)

Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>

Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>

Priest, Regis Smolko ~ regisjs@verizon.net

Youth Education Director, Julie Smith ~ jlsphone1@gmail.com

Parish Administrator, Katie Cervone ~ StBrendansKatie@gmail.com

Music Director, Daniel May ~ bluesub@verizon.net

Nursery Director, Meghan Thompson ~ meghanthompson328@gmail.com