



### This Week at St. Brendan's

<b>Sunday</b>	(2-24)	8:00 a.m.	Worship
		9:00 a.m.	Sr. Choir rehearsal
		10:00 a.m.	Worship
		10:00 a.m.	Sunday School
		11:15 a.m.	Hospitality Hour
		11:15 a.m.	Discipleship Group
<b>Monday</b>	(2-25)	11:00 a.m.	Be a Modern Episcopalian
		6:30 p.m.	Under One Roof
		7:00 p.m.	Episcopalian small groups
<b>Tuesday</b>	(2-26)	7:00 a.m.	AA meeting
		10:00 a.m.	Conversation Friends
		10:30 a.m.	Bible Study
		12:30 p.m.	Tai Chi (new time)
		Youth	Bowling for Chickens
		7:00 p.m.	Love-Teach-Heal
<b>Wednesday</b>	(2-27)	7:00 p.m.	Worship
		7:00 p.m.	Overeaters Anonymous
		7:00 p.m.	Conversation Friends
		7:30 p.m.	Sr. Choir rehearsal
<b>Thursday</b>	(2-28)	10:00 a.m.	Conversation Friends
<b>Saturday</b>	(3-2)	9:00 a.m.	Sacristans
		9:00 a.m.	Icon Workshop

### Serving Sunday, February 24, 2019

Celebrant:	The Rev. Regis Smolko
Lay Reader:	8:00 a.m. Ellen Groves
	10:00 a.m. Debbie Wunsche
Acolyte:	Acolyte team
Prayers:	Theresa Bryant
Chalice Bearers:	Janice Moore
	Darrell Johnson
Altar Guild:	Ellen Groves
	Janice Moore
FISH:	Children's Liturgy
Godly Play:	Children's Liturgy
Door person:	Children's Liturgy
Nursery:	Rob Latta
	Mary Haider
Ushers:	Bob Smith
	Eric Helmsen
Vestry:	Dean Peters
Hospitality:	Amy & Kevin Boyd
LEM:	Darrell Johnson

## The Priest's Corner

### **Lent 2019: Wondrous Encounters — Richard Rohr**

One of the liturgical seasons that St. Brendan's finds especially meaningful and jam-packed with spiritual opportunity is Lent. Last year we had a mantra for Lent: "Commit to Lent ... the Road to Resurrection!" This year's theme is "Mindfulness, Meditation, Wondrous Encounters — Lent through the Guidance of Richard Rohr."

Lent starts on Ash Wednesday, March 6, a little less than two weeks from today. Each Wednesday during Lent we will have a "meager meal" gathering in the social hall beginning at 5:30 p.m. Volunteers (sign-up lists will be available) will bring in soup, salad and bread and we will begin by sharing this simply meal with each other.

Starting between 6:00-6:15 p.m. we will reflect on the daily meditations/scriptures that Richard Rohr, a Franciscan friar based in New Mexico, sends each morning through email. All participants will be invited to subscribe to this free email list. Participants will also be invited to order or get their personal copy of Father Rohr's Lenten Scripture Guide called "Wondrous Encounters." It's encouraged that you keep a journal or notes capturing your insights and daily reflections. (Next week an email blast will go out with step-by-step instructions on how to get the material and sign up for the free email reflections, as well as some best practices around journaling and collecting your thoughts.)

The discussion/participatory segment of the Wednesday evening experience will often include short audio-video talks and inspirational by Father Rohr. Small-group discussion and prayer and some guided or silent meditation will follow. The social hall get-together concludes a tad before 7:00 p.m. You are welcome to attend the optional liturgy or Taize service that follows at 7:00 pm in the chapel.

Father Rohr's spiritual guidance was chosen this year to be our Lenten practice because quite a few Brendanites already follow him and use his meditations. Many at our church have already gained abundantly through Richard's teaching and practices. He has been an inspiration for me when I was in the Franciscan order and afterwards. I believe you will gain abundantly through this 2019 Lenten journey. Mark your calendars and come to as many Wednesdays your schedule permits. (Look for more detailed information over the next several days.)

**Regis +**



**Lent begins Wednesday, March 6**, with an observance of Ash Wednesday. Our services with the imposition of ashes will be at noon and 7:00 pm.

# Announcements

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**Brendan's Boots**, the parish hiking group, will hold its next outing this Saturday, February 23. After meeting in the church parking lot at 10:00 a.m., the group will carpool to Washington's Landing in Pittsburgh, then walk part of the Three Rivers Heritage Trail, cross the David McCullough Bridge and have lunch in the Strip District. After lunch the group will complete the four-mile roundtrip. Everyone is welcome; feel free to bring a friend. For more info, contact Tom Waseleski.

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Stacy Connifey, **Nursery Supervisor**, is looking for volunteers for the nursery. She is grateful for the five loyal women who currently rotate from week to week. The more volunteers we have, the less often each is called upon to help. There are no age or ability restrictions; all are welcome!

Want to help but can't commit? Perhaps you'll consider covering for Stacy while she is out of town February 24, March 17, and or March 24.

Please contact Stacy at [stacy.connifey@gmail.com](mailto:stacy.connifey@gmail.com) if you can help one Sunday or if you'd like to be added to our weekly rotations. Thank you.

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**Bowling for Chickens.** On February 26, the **Rite 13 group** will be bowling as a fundraiser for World Vision while they strengthen their fellowship in Christ with one another. The Rite 13 youth hope to make enough money to buy chickens for a family in an underdeveloped or developing country.

Please help Rite 13 raise money for others by pledging a dime or quarter (or 15 cents or 20 cents) per pin knocked down. All proceeds will be used to purchase chickens for a family in need. So, if you pledge 10 cents a pin and the youth's score is 100 that would be \$10; if you pledge 25 cents a pin and the score is 100, that would be \$25. No worries – no one is expected to bowl a perfect game and bumpers will not be used! If you would like to sponsor a member of the Rite 13 group – Nate and Abby Boyd and Silvia and Anthony Bertucci – please let them know. Thank you.

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**Shrove Tuesday Pancake Supper.** Shrove Tuesday is March 5 this year, and St. Brendan's will once again be offering a family-friendly Pancake Supper. Additions to this year's menu include French toast and crepes with lemon and castor sugar (the traditional British way to celebrate the last day before Lent). Last year's supper even brought out some carnival-style costumes. Since the ingredients are donated, all proceeds benefit the church.

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Last Sunday many people from the 10 o'clock service went home with a heart on a refrigerator magnet with the **first name of a baby, child or teen from St. Brendan's**. We are showing the children that God loves them and the people of St. Brendan's loves them. The adults were asked to place the heart on their refrigerator for a week and pray for that child. Next Sunday, the hearts can be returned to each child. If you need help with locating "your child," ask Allison Kline or Joyce Donadee for help. Thank you.

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**Quiet Evening Prayer.** St. Brendan's will offer the candlelight Evening Prayer service again on Wednesday, February 27, at 7:00 p.m. in the chapel. The service will include Taize music and a quiet time for silent prayer, reflection, or meditation. Communion will be offered after the service for those who wish to remain. This is the perfect remedy for a busy day! Come worship in a tranquil, peace-filled space. Bring a friend! Thanks to all those who braved the cold for the January 30 service, and thank you as well for your kind feedback and suggestions, each of which will be addressed.

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**Book Club** is reading "Washington Black" by Esi Edugyan, author of "Black Blood Blues." On many "Best of 2018" lists, the book begins in 1830 with the horror of a boy's enslavement on a sugar cane plantation in Barbados and follows his tangled relationship with his mentor and tutor and as he travels as far as the Arctic and London. Join the fun on Thursday, March 7, at 7:00 p.m. in the church library for a discussion of the book. For more information, email Pat Carl at [pkarrcarl@gmail.com](mailto:pkarrcarl@gmail.com).

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**Cuddling Ministry.** It's now a possibility and finally available to us. Would you like to help newborns who struggle with addiction? West Penn Hospital in Bloomfield has a program to do just that and it's so easy. Volunteers will rock, walk, soothe and cuddle the infants. Times are 24/7. No training needed. The hospital provides clearances. All you need to do is go online at [www.ahn.org/volunteer-application](http://www.ahn.org/volunteer-application) and fill out an application. Someone will then contact you. Please let Regis know of your interest, and go to the web site above to get an application.

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**North Hills Food Pantry.** For February, we are going to focus on collecting breakfast items – of course cereal, but also pancake mix and syrup, juice, even things like muffin mix. As always, any other donations are always welcome. **Please remember, no glass jars.** If you have any questions, contact Ruth Horton at [rvhorton@gmail.com](mailto:rvhorton@gmail.com). Thank you for your support.

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**Help Wanted.** Looking for a way to pitch in at St. Brendan's but not sure how? Here are two places where your help is needed.

- **Sunday School teachers.** Our children need role models to help them grow in faith. Because St. Brendan's has a fun and easy-to-use curriculum, no prior teaching experience is necessary. Lessons are taught during the 10:00 a.m. Sunday service. For more info, please contact Allison Kline.
- **Greeters.** We need greeters to help by opening the front doors, assisting the elderly and recognizing a new face. We tell visitors about St. Brendan's – where all are welcome. If newcomers are not familiar with our service, we stand by them and help them through our multiple liturgical resources. We also ask them to fill out a name tag and invite them to coffee hour for fellowship after the service. All you need is a friendly smile, a love for St. Brendan's and a willingness to let it show! If you'd like to help, please see Karen Peters at the Welcome Table on Sundays.
- **Hospitality Committee Members.** Would you like to part of a fun-loving group of people who plan, prepare food and help with set-up/clean-up at church-sponsored events? If so, please sign up to join the Hospitality Committee today! Whether you have been on the committee in the past or would like to try a new way to serve at our church, please consider being part of this essential team of Brendanites. Currently, the parish is preparing to host Lenten Learning Day 2019, which will take place at St. Brendan's on Saturday, March 23. This is a diocese-sponsored event and we will rely on our Hospitality Committee to ensure that it is a successful one. If interested, you can find the Hospitality Committee sign-up sheet on the table in the narthex. Please direct any questions to Mike Newton or send him an email at [michaelnewton2004@yahoo.com](mailto:michaelnewton2004@yahoo.com). Thank you!



Need a gift for someone who has everything? Would you like a way to acknowledge a special family event like a baptism or a birthday? A donation to the **Brendan's Family and Friends** fund is the perfect way to honor that special person or event. BFF funds are earmarked for unbudgeted building needs. Please pick up a BFF card in the narthex or from our website and make a donation today! Thank you for making a difference at St. Brendan's by becoming a BFF donor!

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We celebrate the **March Birthdays.**

1 Ella Rose Bumbaco	6 Pat Carl	6 William Aretz	9 Tom Waseleski
10 Larry Tarrant	13 Robert Helmsen	14 Abby Boyd	15 Linda Mesko
22 Tyler Cerra	30 Dale Bertucci	30 Megan Overby	

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We celebrate the **March Wedding Anniversaries.**

15 Anne & Jno Hunt	24 Megan Overby & Tim Austin	27 Ida & Ted Dannerth	30 Lauren & Todd Douds
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Thank you to the **March Hospitality Hosts.**

3 Mary & Dale Bertucci	10 Brad Thompson & Larry Toler	17 Allison Kline & Linda Mesko
24 Michael Newton & Peter Sweet		31 Karen & Dean Peters

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**Winter Coat Drive.** St. Brendan's is collecting new or gently used winter outerwear for refugees. Donations of all sizes of coats, hats, gloves, scarves, etc., may be placed in the collection bin in the narthex. The clothing will be distributed by the Jewish Family and Community Services' Refugee & Immigrant Services organization. If you'd like more information, please contact Darrell Johnson.

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**Trinity Cathedral Walk-In Ministry.** Every five weeks, Brendanites help to staff the Walk-In Ministry at Trinity Cathedral downtown, feeding and clothing 70-90 desperately needy people. Our next week in the rotation is March 18-22. You can help by donating children's diapers; new, white athletic socks and underwear for women and men; toothpaste, razors and travel-size cans of shaving cream. Please leave donations in the wicker basket outside Regis's office. If you might be interested in volunteering at the cathedral in person, please see Linda Schneider, Meg Overby or Tim Austin.

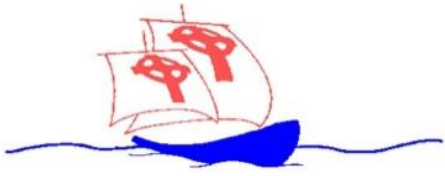
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An important environmental event for the community will be the showing of the documentary film "**Bag It**" at Calvary Episcopal Church on February 27 at 7:00 p.m. Sponsored by the ecumenical group What's SUP (Single Use Plastics), this engaging film follows its filmmaker as he learns through everyday experience how plastics affect our climate, our oceans, our bodies, our lives. The film will be followed by remarks and discussion led by Pittsburgh Councilwoman Erika Strassburger, and climate activist, filmmaker, and entrepreneur Mark Dixon.

The "Bag It" event is free and open to the public, and parking is available at Calvary Church, located on Shady Avenue and Walnut Street in Shadyside. See our bulletin board for more information.

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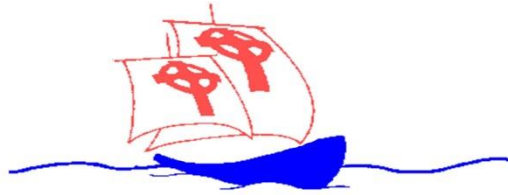
**Please scroll to the next few pages for the Hospitality Hour schedule and the February ministry calendar.**



# February 2019

## Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
<b>February 3</b> Sunday 8 & 10:00 am	8 Ellen Groves L Annemarie Malbon P Dean Peters C Stacey Coyle C Dean Peters LEV Stacey Coyle	Sylvia Affleck Shari Tarrant	Fish Allison Kline  Godly Play Lisa Fleissner	Stacy Connifey Pat Carl	Joyce & Michael Donadee	Chris Botti	The Fleissner family
<b>February 6</b> Wednesday 7:00 pm	Tammy Spoonhoward	Tammy Spoonhoward	~	~	~	~	~
<b>February 10</b> Sunday 8 & 0:00 am	8 Ruth Horton L Nate Boyd P Tim Austin C Tim Austin C Darrell Johnson LEV Joyce Donadee	Tammy Spoonhoward Betsy Smith	Fish Mary Bertucci  Godly Play TBD	Stacy Connifey Libby Juel	Chris Fleissner Mike Wick	Annemarie Malbon	Janice & Dan Moore
<b>February 13</b> Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
<b>February 17</b> Sunday 8 & 10:00 am	8 Ruth Horton L Susan Shoemaker P Michael Donadee C Joyce Donadee C Michael Donadee LEV Ruth Horton	Joan Klinefelter Anelisa Tarrant	Fish TBD  Godly Play Joyce Donadee	Stacy Connifey Julia Wick	Rob & George Latta	Ruth Horton	Ken Parsons Regis Smolko
<b>February 20</b> Wednesday 7:00 pm	Gladys Carlisle	Les Carlisle	~	~	~	~	~
<b>February 24</b> Sunday 8 & 10:00 am	8 Ellen Groves L Debbie Wunsche P Theresa Bryant C Darrell Johnson C Janice Moore LEV Darrell Johnson	Ellen Groves Janice Moore	Children's Liturgy	Rob Latta Mary Haider	Bob Smith Eric Helmsen	Dean Peters	Amy & Kevin Boyd
<b>February 27</b> Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~



# March 2019

## Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
<b>March 3</b> Sunday 8 & 10:00 am	8 Ellen Groves L Theresa Bryant P Nate Boyd C Stacey Coyle C Dean Peters LEV	Chris Botti Shari Tarrant	Fish Allison Kline  Godly Play Lisa Fleissner	Stacy Connifey Mary Haider	Joyce & Michael Donadee	Kevin Boyd Larry Toler	Mary & Dale Bertucci
<b>March 6</b> Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
<b>March 10</b> Sunday 8 & 0:00 am	8 Sylvia Affleck L Michael Donadee P Anne Hunt C Joyce Donadee C Michael Donadee LEV	Janice Moore Betsy Smith	Fish Mary Bertucci  Godly Play Joyce Donadee	Stacy Connifey Libby Juel	Chris Fleissner Mike Wick	Annemarie Malbon Janice Moore	Bradford Thompson Larry Toler
<b>March 13</b> Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
<b>March 17</b> Sunday 8 & 10:00 am	8 Ruth Horton L Tim Austin P Susan Shoemaker C Tim Austin C Theresa Bryant LEV	Joan Klinefelter Janet Fesq	Fish TBD  Godly Play TBD	<b>Volunteer needed</b> Annemarie Malbon	Brad Thompson Larry Toler	Chris Botti Tim Austin	Allison Kline Linda Mesko
<b>March 20</b> Wednesday 7:00 pm	Gladys Carlisle	Les Carlisle	~	~	~	~	~
<b>March 24</b> Sunday 8 & 10:00 am	8 Ellen Groves L Dean Peters P Darrell Johnson C Darrell Johnson C Janice Moore LEV	Ellen Groves Anelisa Tarrant	Fish Allison Kline  Godly Play TBD	<b>Volunteer needed</b> Mary Haider	Bob Smith Eric Helmsen	Tom Waseleski	Peter Sweet Michael Newton
<b>March 27</b> Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
<b>March 31</b> Sunday 8 & 10:00 am	8 Joan Beatrous L Debbie Wunsche P Alan Schneider C Stacey Coyle C Alan Schneider LEV	Chris Botti Sylvia Affleck	Children's Liturgy	Stacy Connifey Annemarie Malbon	Larry Toler Brad Thompson	Ruth Horton	Karen & Dean Peters

# Hospitality Hour Hosts/Hostesses

October 2018  September 2019

## October 2018

- 7 Nancy & George Snyder
- 14 Pat Carl & Joan Beatrous
- 21 Animal Blessing
- 28 Gail Gagnon & Karen Dennis

## November 2018

- 4 Joyce & Michael Donadee
- 11 Darrell Johnson & Ruth Horton
- 18 Eric Helmsen & Joni Reis
- 25 Nancy & Wilder Bancroft

## December 2018

- 2 Saundy & Tom Waseleski
- 9 Chris & Roger Botti
- 16 Anelisa Tarrant & Janet Fesq
- 23 Julia Wick & Ken Parsons
- 30 Rob & George Latta

## January 2019

- 6 Kate & Keith Heston
- 13 Anne & Jno Hunt
- 20 Julia & Mike Wick
- 27 Mary & Jim Evanochko

## February 2019

- 3 The Fleissner family
- 10 Janice & Dan Moore
- 17 -
- 24 Amy & Kevin Boyd

## March 2019

- 3 Mary & Dale Bertucci
- 10 Brad Thompson & Larry Toler
- 17 Allison Kline & Linda Mesko
- 24 Michael Newton & Peter Sweet
- 31 Karen & Dean Peters

## April 2019

- 7 Betsy & Bob Smith
- 14 Sharon Hlawati & Donna Aiello
- 21 Megan Overby & Tim Austin
- 28 Ellen Groves & Kelli Cerra

## May 2019

- 5 Karen & Dean Peters
- 12 Sylvia Affleck
- 19 Sharon & Ron Ladick
- 26 Tammy & Bill Spoonhoward

## June 2019

- 2 Linda & Alan Schneider
- 9 Susan Shoemaker & Margie Davies
- 16 Annemarie Malbon & Janet Fesq
- 23 Parish Picnic
- 30 Jillian Mooman & Cameron Grosh

## July 2019

- 7 Stacy Connifey & Mary Haider
- 14 Judy Flick & Marcy Little
- 21 Debbie Wunsche & Jim Gray
- 28 Joan & Paul Klinefelter

## August 2019

- 4 Ruth & Steve Horton
- 11 Angela & Michael Schlumpf
- 18 Allison & Phil Burdette
- 26 Theresa Bryant

## September 2019

- 1 Darrell Johnson & Isaac Mondelus
- 8 Laureen & Todd Douds
- 15 The Aretz & Kinley family
- 22 Melanie & Thaddeus Popovich
- 29 Jean Pett-Ridge & Marge Marine



### **ST. BRENDAN'S MISSION**

Jesus said, "I have come to give life – life in all its fullness." John 10:10.  
Our mission is the realization of fullness through:  
the worship of God; service to the world;  
active concern for each other;  
and education to expand mind and spirit.

### **VESTRY MEMBERS**

Sr. Warden: Tom Waseleski  
Jr. Warden & Education: Ruth Horton  
Worship & Safety/Security: Tim Austin  
Fundraising & Clerk: Chris Botti  
Finance & Technology: Kevin Boyd  
Communication: Annemarie Malbon  
Inreach/Hospitality/Secretary: Janice Moore  
Newcomers: Dean Peters  
Invite/Welcome/Connect & Outreach: Larry Toler  
Treasurer: Ellen Groves

### **WORSHIP MINISTRY LEADERS**

Acolytes: Anelisa Tarrant  
Altar Guild: Tammy Spoonhoward  
Flower Ministry: Sylvia Affleck  
Libby Juel  
Community of Hope: Ruth Horton  
Scheduler: Kelli Cerra  
Ushers: Eric Helmsen

### **PARISH LIFE MINISTRY LEADERS**

Audit: Kevin Boyd  
Book Club: Pat Carl  
Brendan's Boots: Tom Waseleski  
Dinner Group: Janice Moore  
Finance Chair: Eric Helmsen  
Green Thumb Gang: Roger Botti  
Historian: Ellen Groves  
Holiday Arts & Crafts Sale: Anelisa Tarrant  
Invite Welcome Connect: Brad Thompson  
Memorial Garden: Dan Moore  
Merry Meal Makers (M&M's): Saundy Waseleski  
Nursery: Stacy Connifey  
Parish Profile: Kelli Cerra  
Reiki Ministry: Melanie Popovich  
Rental: Mark Shoemaker  
Scholarship: Tom Waseleski  
Sticks & Strings: Joni Reis  
Debbie Jennings  
Web Site: Kelli Cerra

### **ST. BRENDAN'S EPISCOPAL CHURCH**

Corner of Rochester & McAleer Roads  
2365 McAleer Road, Sewickley, PA 15143  
Phone: 412-364-5974 ~ Fax: 412-364-6024  
Office hours ~ Monday thru Friday 8:00-2:00  
Web Site ~ <http://www.stbrendans.org>  
Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>  
Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>  
Priest in Charge, Fr. Regis Smolko ~ [regisjs@verizon.net](mailto:regisjs@verizon.net)  
Administrative Assistant, Katie Cervone ~ [stbrendans@comcast.net](mailto:stbrendans@comcast.net)  
Music Director, Debbie Wunsche ~ [dwunsche@zoominternet.net](mailto:dwunsche@zoominternet.net)  
Musician, Erica Lin ~ [hylERICA@yahoo.com](mailto:hylERICA@yahoo.com)  
Nursery, Stacy Connifey ~ [stacy.connifey@gmail.com](mailto:stacy.connifey@gmail.com)

### **OUTREACH MINISTRY LEADERS**

Adopt-A-Highway: Tom Waseleski  
CRIES Advocacy: Ellen Groves  
English as a Second Language: Joyce Donadee  
Elizabeth Murphy  
Linda Schneider  
Invite Welcome Connect: Bradford Thompson  
North Hills Food Bank Ministry: Ruth Horton  
Garden of Hope: **Open**  
Miryam's: Julia Wick  
Rob & George Latta  
Janice & Dan Moore  
Stacy Connifey  
Under One Roof: Joyce Donadee  
Jim Evanochko