



This Week at St. Brendan's

Sunday	(3-3)	8:00 a.m.	Worship
		9:00 a.m.	Sr. Choir rehearsal
		10:00 a.m.	Worship
		10:00 a.m.	Sunday School
		11:15 a.m.	Hospitality Hour
		11:15 a.m.	Miryam's preparation
		11:15 a.m.	Discipleship Group
		2:00 p.m.	Miryam's delivery
Monday	(3-4)	11:00 a.m.	Be a Modern Episcopalian
		6:00 p.m.	Rite 13 meeting
		7:00 p.m.	No Episcopalian small groups
Tuesday	(3-5)	7:00 a.m.	AA meeting
		10:00 a.m.	Conversation Friends
		10:30 a.m.	Bible Study
		12:30 p.m.	Tai Chi
		5:00 p.m.	Pancake Supper/Shrove Tuesday
		7:00 p.m.	Love-Teach-Heal
Wednesday	(3-6)	12:00 p.m.	Ash Wednesday service
		7:00 p.m.	Ash Wednesday service
		7:00 p.m.	Overeaters Anonymous
		7:00 p.m.	Conversation Friends
		7:30 p.m.	Sr. Choir rehearsal
Thursday	(3-7)	10:00 a.m.	Conversation Friends
Saturday	(3-9)	9:00 a.m.	Sacristans

Serving Sunday, March 3, 2019

Celebrant:	The Rev. Regis Smolko
Lay Reader:	8:00 a.m. Ellen Groves
	10:00 a.m. Theresa Bryant
Acolyte:	Acolyte team
Prayers:	Nate Boyd
Chalice Bearers:	Dean Peters
	Stacey Coyle
Altar Guild:	Chris Botti
	Shari Tarrant
FISH:	Allison Kline
Godly Play:	Lisa Fleissner
Door person:	TBD
Nursery:	Stacy Connifey
	Mary Haider
Ushers:	Joyce & Michael Donadee
Vestry:	Kevin Boyd & Larry Toler
Hospitality:	Mary & Dale Bertucci
LEM:	Stacey Coyle

The Priest's Corner

BURYING THE ALLELUIAS

Ever hear the saying, "Absence makes the heart grow fonder?" This is the practice of withholding something desirous or rewarded. Anecdotal evidence that friends and lovers can feel a closer bond when they are apart has been around for years.

Researchers at a famous university in Finland searched for evidence to support the proverb by data-mining mobile phone records. They say this clearly shows that humans invest more in relationships when there is a risk of this relationship weakening or when one party is geographically separated from the other party by one to two days. This "greater appreciation" notion explains why we bury the alleluias at this time in church.

The omission of "Alleluia!" during Lent goes back at least to the fifth century in the western church. The association of alleluia with Easter led to the custom of intentionally omitting it from the liturgy during the season of Lent. It's likened to a verbal fast which has the effect of creating a sense of anticipation and even greater joy when the familiar word of praise returns.

One way of practicing the tradition is to not use the word alleluia at church, at home and during Lent. Therefore, when the word reappears on Easter we hear it anew. In fact, once it returns on Easter we give it no rest at all, repeating it again and again, in celebration of the resurrection of the Lord.

Alleluia is appropriately bid farewell on the Sunday preceding Ash Wednesday (the Transfiguration of Our Lord, also called the last Sunday after the Epiphany). This is the last Sunday when alleluia will be used until the Vigil of Easter, or Easter Sunday for those congregations not holding a vigil.

This Sunday at St. Brendan's we will again have our children carry into church an alleluia banner and large letters spelling out the word alleluia. We will display them during the liturgy. We will use the word alleluia several times during our liturgy. In fact, the choir will process from the church to a recessional hymn that proclaims alleluia several times. Right before the choir processes out of church at the end of the service, the children will approach the altar and gather all alleluias and take them outside and secretly bury them. They will let no one other than those participating in the burial know where the alleluias are buried.

We will resurrect the alleluias at the Vigil of Easter or on Easter Sunday. Hearty congregational singing of multiple alleluias proclaims the resurrection, unleashing pure Easter joy!

Join us this Sunday to witness this burying experience. Join us throughout the Sundays and Wednesdays in Lent to stay connected and come to our Easter day service that will be celebrated on Easter Sunday.

Shrove Tuesday is the Tuesday before Ash Wednesday, which is the first day of Lent. It's a day of penitence, to clean the soul, and a day of celebration as the last chance to feast before Lent begins. But there's more to Shrove Tuesday than pigging out on pancakes. The pancakes themselves are part of an ancient custom with deeply religious roots.

Shrove Tuesday gets its name from the ritual of shriving – confessing one's sins to a priest – that Christians used to undergo in the past. In the week immediately before Lent everyone was to visit a confessor and confess his or her misdeeds; the confessor would then shrive – grant absolution to – him or her.

Shrove Tuesday is a day of celebration as well as penitence, because it's the last day before Lent. Lent is a time of abstinence, of giving things up. So Shrove Tuesday is the last chance to indulge yourself and to use up the foods that aren't allowed in Lent. It means giving up foods, but not wasting them. In the old days there were many foods that observant Christians would not eat during Lent – foods such as meat and fish, fats, eggs, and milky foods. So that no food was wasted, families would have a feast on the shriving Tuesday and eat up all the foods that wouldn't last the 40 days of Lent without going bad.

The need to eat up the fats gave rise to the French name Mardi Gras; meaning Fat Tuesday. Pancakes became associated with Shrove Tuesday as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.

Regis +

Announcements



Shrove Tuesday & Pancake Supper. March 5 is Shrove Tuesday and St. Brendan's will once again be offering a family-friendly pancake supper between 5:00 and 7:00 p.m. The cost is \$5 per person and \$12 for a family. Additions to this year's menu include French toast and crepes with lemon and castor sugar (the traditional British way to celebrate the last day before Lent). Last year's supper even brought out some carnival-style costumes. Since the ingredients are donated, all proceeds benefit the church.



Lent begins March 6 with the observance of **Ash Wednesday**. Services with the imposition of ashes will occur at noon and 7:00 p.m.

Would anyone like to receive the **sacrament of Confirmation when Bishop Dorsey McConnell visits St. Brendan's** on May 12? The parish is considering a one-day retreat to prepare for the sacrament, which persons age 14 and up may receive. Parents are invited to consider along with their children the young person's readiness for this spiritual step into Christian maturity and leadership. Adults who have not been confirmed are invited to take this important spiritual step as well.

The bishop will also receive into the Episcopal Church any person who wants to take that formal step. Episcopalians who would like to reaffirm a commitment to this church community (for instance, those who were previously members of other Episcopal churches) are also eligible to receive a special blessing from the bishop. If you are interested in participating in any of these special rites on May 12, please contact Regis.

Nursery Supervisor Stacy Connifey is looking for volunteers for the nursery. She is grateful for the five loyal women who currently rotate from week to week. The more volunteers we have, the less often each is called upon to help. There are no age or ability restrictions. All are welcome!

Want to help but can't commit? Perhaps you'll consider covering for Stacy while she is out of town March 24.

Please contact Stacy at stacy.connifey@gmail.com if you can help one Sunday or if you'd like to be added to our weekly rotation. Thank you.



Book Club is reading "Washington Black" by Esi Edugyan, author of "Black Blood Blues." On many Best of 2018 lists, the book begins in 1830 with the horror of a boy's enslavement on a sugar cane plantation in Barbados and follows his tangled relationship with his mentor and tutor and as he travels as far as the Arctic and London. Join the fun on Thursday, March 7, at 7:00 p.m. in the church library for a discussion of the book. For more information, email Pat Carl at pkarrcarl@gmail.com.



North Hills Food Pantry. Our focus for March is on collecting canned foods; items such as tuna and canned pastas or stews are especially needed. As always, all non-perishable food items or paper products are welcome. Please remember, no glass jars. If you have any questions, contact Ruth Horton at rvhorton@gmail.com. Thank you for your support.

Help Wanted. Looking for a way to pitch in at St. Brendan's but not sure how? Here are several places where your help is needed.

- **Fundraising Ideas.** Do you have an idea for a fun and effective fundraiser that would support the mission of St. Brendan's? Maybe you have participated in a great fundraiser at a previous church or at your child's school? If so, please see Chris Botti, the vestry's fundraising liaison, or contact her via email at shadypatch@msn.com. Thanks!
- **Sunday School teachers.** Our children need role models to help them grow in faith. Because St. Brendan's has a fun and easy-to-use curriculum, no prior teaching experience is necessary. Lessons are taught during the 10:00 a.m. Sunday service. For more info, please contact Allison Kline.
- **Greeters.** We need greeters to help by opening the front doors, assisting the elderly and recognizing a new face. We tell visitors about St. Brendan's. If newcomers are not familiar with our service, we stand nearby and help them. We also ask guests to fill out a name tag and invite them to coffee hour for fellowship. All you need is a friendly smile, a love for St. Brendan's and a willingness to let it show! If you'd like to help, please see Karen Peters at the Welcome Table on Sundays.
- **Hospitality Committee Members.** Would you like to part of a fun-loving group of people who plan, prepare food and help with set-up/clean-up at church-sponsored events? If so, please sign up to join the Hospitality Committee today! The parish is preparing to host Lenten Learning Day 2019, which will take place on Saturday, March 23. This is a diocese-sponsored event and we will rely on our Hospitality Committee to ensure that it is a successful one. If interested, please add your name to the sign-up sheet on the narthex table. Please direct any questions to Mike Newton or send him an email at michaelnewton2004@yahoo.com. Thank you!



Be a BFF! A donation to the Brendan's Family and Friends (BFF) fund is the perfect way to honor a special day or loved one while supporting unbudgeted building needs of our church. Over the past year, BFF funds have been used to refurbish our sound system, purchase kitchen items such as flatware, microwave, shelving, as well as technology items which make it possible to record Fr. Regis' sermons for our website. These are just a few of the items procured via BFF! Vestry is considering earmarking BFF funds for future projects such as improved cell phone reception in our lower level as well as installation of acoustic tiles in the social hall. Won't you please help make such projects a reality? Please consider making a BFF donation today! Thank you!



Brendan's Boots, the parish hiking group, will take its next walk on Thursday, March 21, at Allegheny Cemetery in Pittsburgh's Lawrenceville neighborhood. The historic cemetery holds the remains of notable Pittsburghers including Stephen Foster, Josh Gibson, Stanley Turrentine, Lillian Russell, Thomas Mellon, Harry Thaw and John Neville. Participants will meet at the church at 10 a.m. then carpool to the cemetery. The group will have lunch afterwards. Everyone is welcome; feel free to bring a friend.



We all find ourselves back at the grocery store every week, right? Do you know that you can help raise funds for St. Brendan's when you grocery shop?! Purchase your groceries using Giant Eagle or Kuhn's gift cards bought at church. Because St. Brendan's buys the cards in bulk, the church makes 5 percent on every sale. Cards are sold after both services on Sundays. You can also purchase them during business hours in the church office. **It's the no-sweat fundraiser!**



St. Brendan's **Adopt-a-Highway** chapter will perform its first roadside litter cleanup of the year on Saturday, March 30. Participants, who must be at least 14 years old, will meet at the church at 8:30 a.m. and carpool to the Camp Horne interchange of I-279 in Ohio Twp. The cleanup is usually finished by 10:45. If interested, please sign the sheet on the narthex table or contact Tom Waseleski.

CRIS Advocacy (Christian Response In Emergency Situations) meets monthly on the third Sunday in the library after the 10 a.m. service to determine distribution of our outreach tithe each month. Each person present has an equal voice and vote. The next meeting will be March 17. All are welcome.

This week we are praying for the work of Western Pennsylvania Caring Foundation and Light of Life Rescue Mission.

Winter Coat Drive. St. Brendan's is collecting new or gently used winter outerwear for refugees. Donations of all sizes of coats, hats, gloves, scarves, etc., may be placed in the collection bin in the narthex. The clothing will be distributed by the Jewish Family and Community Services' Refugee & Immigrant Services organization. If you'd like more information, please contact Darrell Johnson.

Trinity Cathedral Walk-In Ministry. Every five weeks Brendanites help to staff the Walk-In Ministry at Trinity Cathedral downtown, feeding and clothing 70 to 90 desperately needy people. Our next week in the rotation is March 18-22. You can help by donating children's diapers; new, white athletic socks and underwear for women and men; toothpaste, razors and travel-size cans of shaving cream. Please leave donations in the wicker basket outside Regis's office. If you might be interested in volunteering at the cathedral in person, please see Linda Schneider, Meg Overby or Tim Austin.

Please scroll to the next few pages for the Hospitality Hour schedule and the March ministry calendar.



March 2019

Ministry calendar

Date	Lectors	Altar Guild	Sunday School	Nursery	Usher	Vestry	Hospitality
March 3 Sunday 8 & 10:00 am	8 Ellen Groves L Theresa Bryant P Nate Boyd C Stacey Coyle C Dean Peters LEV Stacey Coyle	Chris Botti Shari Tarrant	Fish Allison Kline Godly Play Lisa Fleissner	Stacy Connifey Mary Haider	Joyce & Michael Donadee	Kevin Boyd Larry Toler	Mary & Dale Bertucci
March 6 Wednesday 7:00 pm	Ellen Groves	Ellen Groves	~	~	~	~	~
March 10 Sunday 8 & 0:00 am	8 Sylvia Affleck L Michael Donadee P Anne Hunt C Joyce Donadee C Michael Donadee LEV Joyce Donadee	Janice Moore Betsy Smith	Fish Mary Bertucci Godly Play Joyce Donadee	Stacy Connifey Libby Juel	Bob Smith Mike Wick	Annemarie Malbon Janice Moore	Bradford Thompson Larry Toler
March 13 Wednesday 7:00 pm	Alan Schneider	Linda Schneider	~	~	~	~	~
March 17 Sunday 8 & 10:00 am	8 Ruth Horton L Tim Austin P Susan Shoemaker C Tim Austin C Theresa Bryant LEV Ruth Horton	Joan Klinefelter Janet Fesq	Fish TBD Godly Play TBD	Pat Carl Annemarie Malbon	Brad Thompson Larry Toler	Chris Botti Tim Austin	Allison Kline Linda Mesko
March 20 Wednesday 7:00 pm	Gladys Carlisle	Les Carlisle	~	~	~	~	~
March 24 Sunday 8 & 10:00 am	8 Ellen Groves L Dean Peters P Alan Schneider C Janice Moore C Alan Schneider LEV Darrell Johnson	Ellen Groves Anelisa Tarrant	Fish Allison Kline Godly Play TBD	Volunteer needed Mary Haider	Chris Fleissner Eric Helmsen	Tom Waseleski	Peter Sweet Michael Newton
March 27 Wednesday 7:00 pm	Sylvia Affleck	Sylvia Affleck	~	~	~	~	~
March 31 Sunday 8 & 10:00 am	8 Joan Beatrous L Debbie Wunsche P Darrell Johnson C Stacey Coyle C Darrell Johnson LEV Stacey Coyle	Chris Botti Sylvia Affleck	Children's Liturgy	Stacy Connifey Annemarie Malbon	Larry Toler Brad Thompson	Ruth Horton	Karen & Dean Peters

Hospitality Hour Hosts/Hostesses

October 2018  September 2019

October 2018

- 7 Nancy & George Snyder
- 14 Pat Carl & Joan Beatrous
- 21 Animal Blessing
- 28 Gail Gagnon & Karen Dennis

November 2018

- 4 Joyce & Michael Donadee
- 11 Darrell Johnson & Ruth Horton
- 18 Eric Helmsen & Joni Reis
- 25 Nancy & Wilder Bancroft

December 2018

- 2 Saundy & Tom Waseleski
- 9 Chris & Roger Botti
- 16 Anelisa Tarrant & Janet Fesq
- 23 Julia Wick & Ken Parsons
- 30 Rob & George Latta

January 2019

- 6 Kate & Keith Heston
- 13 Anne & Jno Hunt
- 20 Julia & Mike Wick
- 27 Mary & Jim Evanochko

February 2019

- 3 The Fleissner family
- 10 Janice & Dan Moore
- 17 Ken Parsons & Regis Smolke
- 24 Amy & Kevin Boyd

March 2019

- 3 Mary & Dale Bertucci
- 10 Brad Thompson & Larry Toler
- 17 Allison Kline & Linda Mesko
- 24 Michael Newton & Peter Sweet
- 31 Karen & Dean Peters

April 2019

- 7 Betsy & Bob Smith
- 14 Sharon Hlawati & Donna Aiello
- 21 Megan Overby & Tim Austin
- 28 Ellen Groves & Kelli Cerra

May 2019

- 5 Karen & Dean Peters
- 12 Mother's Day
- 19 Sharon & Ron Ladick
- 26 Tammy & Bill Spoonhoward

June 2019

- 2 Linda & Alan Schneider
- 9 Susan Shoemaker & Margie Davies
- 16 Annemarie Malbon & Janet Fesq
- 23 Parish Picnic
- 30 Jillian Mooman & Cameron Grosh

July 2019

- 7 Stacy Connifey & Mary Haider
- 14 Judy Flick & Marcy Little
- 21 Debbie Wunsche & Jim Gray
- 28 Joan & Paul Klinefelter

August 2019

- 4 Ruth & Steve Horton
- 11 Angela & Michael Schlumpf
- 18 Allison & Phil Burdette
- 26 Theresa Bryant

September 2019

- 1 Darrell Johnson & Isaac Mondelus
- 8 Laureen & Todd Douds
- 15 The Aretz & Kinley family
- 22 Melanie & Thaddeus Popovich
- 29 Jean Pett-Ridge & Marge Marine



ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.
Our mission is the realization of fullness through:
the worship of God; service to the world;
active concern for each other;
and education to expand mind and spirit.

VESTRY MEMBERS

Sr. Warden: Tom Waseleski
Jr. Warden & Education: Ruth Horton
Worship & Safety/Security: Tim Austin
Fundraising & Clerk: Chris Botti
Finance & Technology: Kevin Boyd
Communication: Annemarie Malbon
Inreach/Hospitality/Secretary: Janice Moore
Newcomers: Dean Peters
Invite/Welcome/Connect & Outreach: Larry Toler
Treasurer: Ellen Groves

WORSHIP MINISTRY LEADERS

Acolytes: Anelisa Tarrant
Altar Guild: Tammy Spoonhoward
Flower Ministry: Sylvia Affleck
Libby Juel
Community of Hope: Ruth Horton
Scheduler: Kelli Cerra
Ushers: Eric Helmsen

PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd
Book Club: Pat Carl
Brendan's Boots: Tom Waseleski
Dinner Group: Janice Moore
Finance Chair: Eric Helmsen
Green Thumb Gang: Roger Botti
Historian: Ellen Groves
Holiday Arts & Crafts Sale: Anelisa Tarrant
Invite Welcome Connect: Brad Thompson
Memorial Garden: Dan Moore
Merry Meal Makers (M&M's): Saundy Waseleski
Nursery: Stacy Connifey
Parish Profile: Kelli Cerra
Reiki Ministry: Melanie Popovich
Rental: Mark Shoemaker
Scholarship: Tom Waseleski
Sticks & Strings: Joni Reis
Debbie Jennings
Web Site: Kelli Cerra

ST. BRENDAN'S EPISCOPAL CHURCH

Corner of Rochester & McAleer Roads
2365 McAleer Road, Sewickley, PA 15143
Phone: 412-364-5974 ~ Fax: 412-364-6024
Office hours ~ Monday thru Friday 8:00-2:00
Web Site ~ <http://www.stbrendans.org>
Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>
Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>
Priest in Charge, Fr. Regis Smolko ~ regisjs@verizon.net
Administrative Assistant, Katie Cervone ~ stbrendans@comcast.net
Music Director, Debbie Wunsche ~ dwunsche@zoominternet.net
Musician, Erica Lin ~ hylERICA@yahoo.com
Nursery, Stacy Connifey ~ stacy.connifey@gmail.com

OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski
CRIES Advocacy: Ellen Groves
English as a Second Language: Joyce Donadee
Elizabeth Murphy
Linda Schneider
Invite Welcome Connect: Bradford Thompson
North Hills Food Bank Ministry: Ruth Horton
Garden of Hope: **Open**
Miryam's: Julia Wick
Rob & George Latta
Janice & Dan Moore
Stacy Connifey
Under One Roof: Joyce Donadee
Jim Evanochko