

# NAVIGATOR'S LOG

PARISH ANNOUNCEMENTS  
& UPCOMING EVENTS



FRANKLIN PARK, PA  
**ST. BRENDAN'S  
EPISCOPAL CHURCH**

April 23, 2023



**The Justice Ministry** will be making backpack lunches for NRP **Tomorrow, Saturday, April 22** in the lower level. We will start at 8:30 a.m.

The last time we did this, it only took 90 minutes. So we should be done around 10 a.m. This involves making 240 sandwiches (2 per bag) and placing fruit, snack bar, drink and condiments in each bag.

If you are able to help, please sign up in the narthex?

Whenever any **activity is being planned for any of the spaces we rent**, please let the rental manager, Marilyn Mulvihill know asap. Marilyn can be reached [mimi15143@yahoo.com](mailto:mimi15143@yahoo.com) or 412-427-2715. We always give preference of activities to parishioners. But we also do not want to disappoint those looking to rent. Thanks!

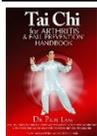


## Women's Luncheon

**TOMORROW, Saturday, April 22, 2023 12:00 p.m.**

Sign up in the narthex or contact Janice Moore [naperville@yahoo.com](mailto:naperville@yahoo.com)

If it's possible, bring a dish to share and join us in the parish hall.



## TAI CHI for fall prevention – Monday, April 24, 10:00 a.m.

The Spirituality Ministry is planning a one-hour tai chi event led by our very own Thaddeus Popovich, who is certified to teach a gentle, meditative version of Tai Chi. Please join us on Monday, April 24 at 10:00 am. at the Latodami Nature Center in North Park. We can meet at St. Brendan's at 9:30am and carpool together if desired.

Tai Chi for Arthritis for Fall Prevention, designed by Australian family physician Paul Lam and a team of Tai Chi and medical experts, is based on the Sun style of Tai Chi. This modified style is easy to learn, effective, and safe. It increases flexibility, muscle strength, and mental activity, heart/lung capacity, aligns posture, improves balance, and integrates the mind and body. Studies show this program to be safe and effective for people with arthritis. as well as an excellent fall prevention program.

Tai chi has so many benefits; it's a good way to improve your balance, decrease stress and anxiety and help you meditate, just to name a few. It promotes serenity through gentle, flowing movements. Plus it's fun and relaxing.

Everyone is welcome; no experience necessary. Just wear loose clothing and sturdy shoes (i.e. walking shoes). A donation of \$5 per class is voluntary. Thaddeus will give all donations to St. Brendan's as he is offering this class as a special gift to the St. Brendan's community. Please contact Donna Aiello [donna.aiello@forecastdirect.com](mailto:donna.aiello@forecastdirect.com). with questions or if you would like to attend.



## Help the Homeless "Lenten" Project: Turn your mite boxes in THIS Sunday, April 23!

Thanks to everyone who participated in this project to help the many homeless people in our city. Please make sure you turn in your mite offering boxes no later than **Sunday, April 23**, when we will ask the Bishop to bless them while she is here on that day. You can leave them in the blue bin which you'll find in the Narthex. We will count the money and get it to Outstretched Arms sometime that following week.

Several parishioners have asked if they could give us a check for this project instead of filling the mite box. If you would like to do that, please make your check payable to "Outreached Arms", place it in an envelope and put it in the blue bin with the boxes.

In addition to helping the homeless, we hope this small project was an awareness project as we meditated on all the blessings we enjoy that homeless people do not have. Thank you from St. Brendan's Justice Ministry!

**Volunteer to help with our church garden!** The Garden of Hope is St. Brendan's small vegetable garden located behind the church. Each year, we plant and grow fresh produce which is harvested and donated to the North Hills Food Bank to help our neighbors in need. And we need your help this summer! Please sign up to help water, weed, harvest, and/or deliver the produce to the food bank. Watering will be even easier this year as we are installing a timed sprinkler system--so you just need to stop by briefly and check on things to make sure the plants are getting enough water and hoses aren't leaking, etc. Harvesting is done on Wednesdays and the produce gets delivered to the food bank on Thursday morning. To sign up on the document linked below, just enter your name on the week/job you can help with! We can also use your help planting the garden on Sunday, May 7 after the 10 am service (weather depending). Bring your gloves and trowels. If you have additional questions, please contact Annemarie Malbon, [amalbon@gmail.com](mailto:amalbon@gmail.com).

Garden of Hope Volunteer Sign Up:

[Sign Up Sheet](#)

**Join us Wednesday evenings.** We'll gather at 6:00 and celebrate Compline at 6:30 p.m. You are welcome to bring a refreshment to share at 6:00 pm.

# Children and Youth



**Volunteers are still needed** in the Sunday School program and nursery. Please contact Allison Kline, Saundy Waseleski, or Annemarie Malbon for more information. We really need your help! These are important ministries for our families and our church.

**Save the Date for VBS:** St. Brendan's Vacation Bible School is scheduled for **July 10 - 14 from 9:00 to noon** each day. More information and registration forms will be coming soon for this fun-filled week with a heroes theme for Pre-K (age 4) through 5th grade. Spread the word! Tell your friends and neighbors.

**Sunday, April 23:** Children's worship service and Bishop Ketlen Solak's visit at St. Brendan's. There will be no Sunday School classes that day. Children will be involved in various ways in the service. This will be a great opportunity for the children to witness baptism and confirmation. Please come at 9:45 am, if possible, to practice the song the kids will be singing during the offertory. A recording of the song was sent to the families so you can practice with your child. Acolytes may want to come a few minutes before that so you can be robed prior to the song practice.

**Monday, April 24:** The Youth Group will meet this month on Monday, April 24, from 7 to 8:30 pm. Please join us for food, fun, and fellowship. More information will follow.

**Thank you** to each of our children and their families who designed the very creative dioramas and posters depicting Holy Week events. Many of our parishioners commented on the hard work that went into them. These projects helped to make Holy Week a time for reflection and prayer. (Projects have been moved to the Fish classroom and can be picked up after this Sunday's service.)



## St. Brendan's Drumming Circle is Back!

The Spirituality Ministry will be holding another drum circle on Friday, May 5, at 6:30 p.m. at our church. It will be 60 minutes long and cost \$15. Drums are provided by our facilitator.

Our drumming leader is Matt Price who works with children, adults and seniors to empower and inspire them through rhythm, movement and mind/body connection. Anyone 13 years of age or older is welcome. Participants don't need any previous drumming or musical skills to get involved and the benefits can be experienced in as little as one hour.

Matt has been a member of the Drum Circle Facilitators Guild since 2022. Currently residing in Pittsburgh, Matt services Pittsburgh and surrounding areas with high quality drum circle facilitation.

This should be similar to the drum circle we held last year which I believe we all enjoyed. Besides being spiritual, it is relaxing and fun. Please let me know as soon as possible if you are able to attend. It should be an hour well-spent. If you have any questions, please contact Donna Aiello [donna.aiello@forecastdirect.com](mailto:donna.aiello@forecastdirect.com). Thank you!



**Need a gift for someone who has everything?** Would you like a way to acknowledge a special day like a baptism or a birthday or to remember a departed loved one? A donation to the Brendan's Family and Friend's (BFF) fund is the perfect way to honor that special person or event. BFF funds are earmarked for unbudgeted building needs. HVAC replacements, live-streaming technology, elevator repairs, playground equipment and much more have been funded through BFF. You can make your BFF donation through Tithe.ly, a donation card found in the narthex, on the website, or by contacting Katie. Thank you for making a difference at St. Brendan's by becoming a BFF donor!



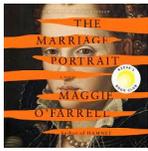
**Parish Administrator office hours.** In addition to working from home, Katie will have office hours M-T-TH-F from 11-3. Wednesdays will be a day off for Katie.



**Hospitality Hour needs some new hosts!** We all enjoy fellowship and socialization during Hospitality time after the 10:00 Sunday service but we need some more help. We are looking for some new Hospitality Hosts. It is a pretty simple job - make coffee, lay out some snacks, and then clean-up after. All hosts will be provided with a complete set of easy to follow instructions and we will be happy to team new hosts together if you would prefer to share the duties.

But what if I'm not a baker? Don't worry! we don't expect an elaborate gourmet meal. Store bought items are great or homemade are great. Whatever you would like to share is appreciated.

If you are interested, please contact Kate Heston [kmheston71@gmail.com](mailto:kmheston71@gmail.com) with any questions and ask for a link to the Hospitality Host survey.



**Book Club - Mark your Calendars!** The St. Brendan's Book Club will meet at the church on Monday, May 1<sup>st</sup> at 7pm to discuss our next selection, *The Marriage Portrait*, by Maggie O'Farrell. Please join us as we delve into this fictional portrait of a young duchess who makes her way in a troubled court depicted in the world of 16<sup>th</sup>-century Renaissance Italy. Feel free to contact Chris Botti if you have any questions at [shadypatch@msn.com](mailto:shadypatch@msn.com). All are welcome to attend. Hope to see you there!



**Grocery Card Sales:** The sale of grocery cards is our easiest fundraiser. Each week a vestry member stands in the narthex and sells grocery cards which can then be used at Giant Eagle or Kuhns to purchase your groceries. We make 5% on every card sold. That's it! If you are a Giant Eagle or Kuhns shopper, please consider buying a grocery card and help St. Brendan's make a profit. This virtually effortless fundraiser is an income source for our budget, but to-date sales are currently far below our targeted goal of \$2500 by year's end. Please help us meet our budget goal by purchasing a grocery card today. Thank you!

## Prayer Requests

**We pray for our beloved members of St. Brendan's**, especially; Susan Shields, Libby, Richard and Phoebe Juel, Jim Gray, Matthew, Ruth, Bill Spoonhoward, Karl Haider, Joyce Donadee, Margie Davies, Rosie Wood, Elizabeth Murphy, Mark Kinley, Larry Tarrant, Nancy Snyder, Mark Shoemaker, Alice Butterworth.

**For our parents**, especially; Adele and Ken McCormack, Debbie Adrian, Robert Jarrell, Diane Davis, Ray Militzer and Lenora.

**For our family members**, especially; Pat Schulze, Tom Groves, Nelson Ferguson, Jay & A, Phil & Bernice Bollman, Sue Burchill, John, Carol Schmitz, Bob, Frank Nagy, Chris Sensenich, Nathan Schlumpf, David Pingree, Carman Lorcias & family, Bob Kiehl, Robert Donato, Maggie Cervone, Marie Hazelton, John Sanborn, Ann & Ben Kirkpatrick.

**And for our friends**, especially; The Collins family, Kevin Mahoney, Julia Sloganaugh, Barbara & Max Hagen, Roseann Lederer and family, Vivian, Steve Parsons, Barb & Wayne Seelhorst, Nancy Baker.

**We pray for those who have died**, especially Gary Lederer.

THE EPISCOPAL DIOCESE OF PITTSBURGH  
SOCIAL JUSTICE AND OUTREACH COMMITTEE  
PRESENTS



# GUN VIOLENCE IN PITTSBURGH

## CAUSES AND LIFE-SAVING SOLUTIONS



**Sunday, April 30**  
at 7 pm via Zoom

### LAVONNIE BICKERSTAFF

Pittsburgh's Assistant Chief of Police

Lavonnie Bickerstaff has served the Pittsburgh Bureau of Police since 1990. She now leads the Investigations branch and has also supervised, among others, Patrol, Community Policing, Crime Analysis, Robbery, Homicide, and the Zone 1 Police Station.



### JOSH FLEITMAN

CeasefirePA's Western Pennsylvania Manager

Josh Fleitman's background is in politics, policy, and communication. He has worked as Deputy Chief of Staff to PA State Senator Pam Iovino, and has served in government offices at the state and federal levels.

#### JOIN US VIA ZOOM HERE:

[HTTPS://US02WEB.ZOOM.US/J/82506280975?](https://us02web.zoom.us/j/82506280975?pwd=NZFEHkVUNkY0h0InF1cWZzcydDZ09)  
PWD=NZFEHkVUNkY0h0InF1cWZzcydDZ09  
MEETING ID: 825 0628 0975  
PASSCODE: 815539

**PROTECT  
PEOPLE  
NOT GUNS**

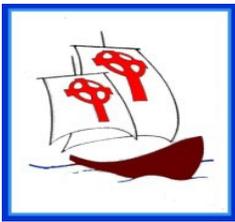


# April Ministry Calendar 2023

Date	Lectors	Sunday School Leaders	Nursery	Altar Guild	Greeters	Ushers	Vestry	Stewards	Hospitality
April 23 Sunday 8 & 10:00 am Bishop's Visit Children & Youth Worship	8 Tammy Spoonhoward 1 <sup>st</sup> Children 2 <sup>nd</sup> Children P Children	Children's Worship	Liz MacDonald Mi Jang	Ellen Groves Kathy Miller	Toni Passarello John Appeldorn	Children Tim Austin	Chris Botti	Dave Miller	Sandy Nagy Janice Moore
April 30 Sunday 8 & 10:00 am	8 Ellen Groves 1 <sup>st</sup> Mary Bertucci 2 <sup>nd</sup> Michael Donadee P Linda Limberis	Lambs Kayla Tweedle FISH Allison Kline Door keeper Katie Costa	Liz MacDonald Linda Mesko Avery Kline	Joan Klinefelter Anelisa Tarrant	Sharon Hlawati Donna Aiello	Donna Aiello Mike Wick	Kate Heston	John Appeldorn	Volunteer needed

# May Ministry Calendar 2023

Date	Lectors	Sunday School Leaders	Nursery	Altar Guild	Greeters	Ushers	Vestry	Stewards	Hospitality
May 7 Sunday 8 & 10:00 am	8 Joan Beatrous 1 <sup>st</sup> Paul Quinn 2 <sup>nd</sup> Alan Schneider P Sandy Nagy	Lambs Saundy Waseleski FISH Door keeper	Liz MacDonald Molly Kirk	Dottie Antonucci Phoebe Juel	TBD	Allyson Baieri Kate Heston	Sandy Nagy	Tim Austin	Volunteer needed
May 14 Sunday 8 & 10:00 am	8 Sylvia Affleck 1 <sup>st</sup> Cindy Koszarek 2 <sup>nd</sup> Tim Austin P Kate Heston	Lambs FISH Door keeper Ruth Horton	Liz MacDonald Katie Costa	Sylvia Affleck Janice Moore	TBD	Michael Donadee John Appledorn	Ruth Horton	Mike Wick	Volunteer needed
May 21 Sunday 8 & 10:00 am	8 Tammy Spoonhoward 1 <sup>st</sup> Mary Bertucci 2 <sup>nd</sup> John Appledorn P Marilyn Mulvihill	Lambs Saundy Waseleski FISH Allison Kline Door keeper Ellen Groves	Liz MacDonald	Ellen Groves Anelisa Tarrant	TBD	Donna Aiello Tim Austin	John Appledorn	Dave Miller	Volunteer needed
May 28 Sunday 8 & 10:00 am Children & Youth Sunday	8 Ellen Groves 1 <sup>st</sup> Children 2 <sup>nd</sup> Children P Children	Children's Worship	Liz MacDonald Linda Mesko Avery Kline	Sylvia Affleck Kathy Miller	TBD	Allyson Baieri Kate Heston	Neil Galone	Linda Limberis	Volunteer needed



### ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.  
Our mission is the realization of fullness through:  
the worship of God; service to the world;  
active concern for each other;  
and education to expand mind and spirit.

### VESTRY MEMBERS

Sr. Warden: Tom Waseleski  
Jr. Warden: Dan Moore  
Adult Formation: John Appeldorn  
Audio-Visual Technology: Sandy Nagy  
Communication: Sandy Nagy  
Children & Youth: Ruth Horton  
Finance: Lauren Ramakrishna  
Fundraising: Chris Botti  
Inreach & Hospitality: Kate Heston  
Membership: Chris Botti  
Outreach: Ruth Horton  
Secretary/Clerk: Lauren Ramakrishna  
Worship: Neil Galone  
Treasurer: Roger Botti  
Assistant Treasurer: Ellen Groves

### WORSHIP MINISTRY LEADERS

Acolyte: Anelisa Tarrant  
Altar Guild: Anelisa Tarrant  
Flower Ministry: Libby Juel & Sylvia Affleck  
Scheduler: Kelli Cerra  
Usher: Tim Austin

### PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd  
Book Club: Chris Botti  
Brendan's Boots: Tom Waseleski  
Bulletin Coordinators: Pat Carl  
Carol Meese  
Dinner Group: Janice Moore  
Finance Chair: Mary Bertucci  
Green Thumb Gang: Dan Moore  
Historian: Ellen Groves  
Holiday Arts & Crafts & Cookie Walk: Donna Aiello  
Memorial Garden: John Appeldorn  
Merry Meal Makers (M&M's): Saundy Waseleski  
Reiki Ministry: Melanie Popovich  
Rental: Marilyn Mulvihill  
Scholarship: Allison Kline  
Ann Vinski  
Mike Wick  
Sticks & Strings: Joni Reis  
Debbie Jennings  
Web Site: Kelli Cerra

### OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski  
CRIES Advocacy: Ellen Groves  
ESL: Tim Austin  
Joyce Donadee  
Garden of Hope: Annemarie Malbon  
Justice Ministry: Annie Koch  
Miryam's: Julia Wick  
North Hills Food Banks: Ruth Horton  
Spirituality: Donna Aiello

### WEEKLY AT ST. BRENDAN'S

Sunday: 8:00 am Worship, in person  
10:00 am Worship, in person and via live streaming  
[https://www.youtube.com/channel/UCkCY2BEJXlqMoVc\\_nXXG7ew](https://www.youtube.com/channel/UCkCY2BEJXlqMoVc_nXXG7ew)

Monday: 8:00 am Daily Morning Prayer, via zoom, Monday thru Friday  
<https://us02web.zoom.us/j/83591825912?pwd=a3BGcCswanE1OFFXaVBWbDBYRGM1UT09>  
10:00 am Modern Episcopalian, via zoom  
11:00 am Katie office hours till 3:00 pm

Tuesday: 11:00 am Katie office hours till 3:00 pm  
11:00 am Bible Study, via zoom <https://zoom.us/j/4575423762>  
11:00 am Katie office hours till 3:00 pm  
4:30 pm Book Club discussion, via zoom <https://us02web.zoom.us/j/81484853481>

Wednesday: 2:00 pm Mother Robin office hours till 6:00 pm  
6:00 pm **You are welcome to bring a refreshment to share**  
6:30 pm Compline

Thursday: 11:00 am Mother Robin office hours till 3:00 pm  
11:00 am Katie office hours till 3:00 pm

Friday: 11:00 am Katie office hours till 3:00 pm

### ST. BRENDAN'S EPISCOPAL CHURCH

2365 McAleer Road, Sewickley, PA 15143

Phone ~ 412-364-5974

Web Site ~ <http://www.stbrendans.org>

Online Parish Calendar ~ <https://www.stbrendans.org/calendar>

Online Parish Directory ~ <https://drive.google.com/file/d/1By4bzW6dJ2AwwZVlmlqjcQ4WFAynP16D/view?usp=sharing>  
(authorization required for access--apply online)

Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>

Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>

Priest-in-Charge, Mother Robin Jarrell ~ [Robin@stbrendans.org](mailto:Robin@stbrendans.org)

Parish Administrator, Katie Cervone ~ [Katie@sbrendans.org](mailto:Katie@sbrendans.org)

Music Director, Daniel May ~ [bluesub@verizon.net](mailto:bluesub@verizon.net)

Deacon, Rev. Darrell Johnson ~ [johnsdj31@verizon.net](mailto:johnsdj31@verizon.net)