

# NAVIGATOR'S LOG

PARISH ANNOUNCEMENTS  
& UPCOMING EVENTS



FRANKLIN PARK, PA  
**ST. BRENDAN'S  
EPISCOPAL CHURCH**

February 11, 2024



**Shrove Tuesday Pancake Dinner. February 13<sup>th</sup> 5-7 p.m.** Please mark your calendar and plan to join us. Enjoy pancakes, sausage, crepes, sausage and gravy. The entire meal will be prepared by our male Brendanites. Invite your extended family and friends to this Fat Tuesday celebration. Cost is \$10.00/person, \$20.00/family. Contact Dan Moore if you'd like to help in any capacity [danmoore167@gmail.com](mailto:danmoore167@gmail.com).



## Lenten Offerings:

**Ash Wednesday** will have two services — Noon (with Eucharist and imposition of Ashes) and — 6 pm (with Eucharist and imposition of Ashes).

## Study of the Hebrew Scriptures (Tuesdays at 6 pm) Zoom Class

February 6, 13 no class/Shrove Tuesday, 20, 27 and March 5, 12.

We will be discussing the short summaries of the books of what Christians call the Old Testament using short animated films found at bibleproject.com. You are welcome to join us! Just email Mtr. Robin [Robin@stbrendans.org](mailto:Robin@stbrendans.org) and she will put you on the "Zoom Link" list.

**Lenten Wednesdays.** The Wednesday following Ash Wednesday, we are asking folks to join us for simple supper (bring a dish to share) at **5 pm** followed by Holy Eucharist at **6 pm**.  
February 21, 28, March 6, 13, 20.

No Wednesday services March 27 or April 3. Wednesday services will resume April 10.

Stay tuned for Holy Week and Easter Day service times!

## Sr. Warden's Corner

Dear Brendanites,

At St. Brendan's we sometimes wonder about the impact we have on others. We try to do our best as individuals and we try to make a difference through our ministries. It's only natural, though, to think about whether your effort really matters. With that in mind, I thought it worth sharing a heart-warming note that was emailed Wednesday to five volunteers with St. Brendan's English as a Second Language program. It comes from Sujin, a woman who will be returning soon to South Korea.

*Dear all my ESL teachers.*

*Hi, this is Sujin (Scarlet). Thank you so much for teaching English and culture to foreigners in the United States, helping them adapt well. I can't count how much I've got from you, so that I become to love Pittsburgh even more and more. It's a Korean idiom, "As you know, you can see and realize the value." As I learn about American culture and Pittsburgh from you, everything of here comes to me very special. Although it's sad to leave soon, I won't forget what I've gained from the teachers, and I'll also become a giving person for others. The 2 years of ESL classes brought me happiness, and my time here was truly meaningful. Thank you so much!!!! I wish all the teachers good health and happiness! Good bye!*

Let me echo Sujin's gratitude to St. Brendan's ESL volunteers and invite others to join them in making a difference in the lives of newcomers to America. The ESL group initially had held its sessions in person, then began meeting on Zoom during the pandemic. They've continued using Zoom today because some volunteers can't easily drive to the church and some of their students live too far away to attend in person. At St. Brendan's, whether it's ESL or another ministry in which you're active, concerned and living your faith, thanks for all you do!

Yours in faith,  
Tom Waseleski

[twaseleski@comcast.net](mailto:twaseleski@comcast.net)

Supper  
Club

**St Brendan's Supper Club.** Join our supper club for an opportunity to get connected with others at St. Brendan's. Groups will be small, meet twice a year and host will determine menu and date. Sign up in the narthex or contact Janice Moore at [naperville@yahoo.com](mailto:naperville@yahoo.com).



**Super Bowl Football Pool! – Sold out! Thank you! Good luck!**

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**February Food Drive:** Jesus told us to “love your neighbor as yourself” (Mark 12:31). It is our duty as Christians to put that love into action. In that spirit, the children and youth of St. Brendan’s are holding a food drive for the North Hills Food Bank on **Sunday, February 18<sup>th</sup> & Sunday, February 25<sup>th</sup>**. Please help by bringing your donations on these dates (or any date before February 25<sup>th</sup>).

- **Items accepted:** non-perishable food items; cleaning supplies; paper products; toiletries.
- **Items not accepted:** items in glass jars; items beyond their expiration date; clothing
- **Some special needs this month include:** cereal; crackers; canned soups (not chicken); canned stews; 1 lb. or 2 lb. flour; salad dressing; small bottles of cooking oil; granola bars; pudding, fruit and applesauce cups; ground coffee (11 oz. size)
- **A complete list** of donation suggestions will appear on the flyer given out at church.

Thank you for your support!



A donation was made to the **Brendan’s Family and Friends Fund (BFF)** in memory of Nelson Ferguson, Ellen Groves’ brother, from Donna Aiello and Sharon Hlawati.

A donation to the BFF fund is the perfect way to honor that special person or event. BFF funds are earmarked for unbudgeted building needs. Thank you for making a difference at St. Brendan’s by becoming a BFF donor.

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St Brendan's recently received a new **AED unit**, so we are once again equipped to respond quickly and effectively if anyone experiences a cardiac arrest. However, no AED can save a life unless there are folks around who have been trained in its use. Tim Austin is developing a list of Brendanites who have been trained or might be willing to take the training at some point in the next few weeks. The session(s) will take about 4 hours and address both CPR and AED, with hands-on practice as well as lecture presentations.

If you are already fully trained in CPR/AED and your certification is up to date, please notify Tim of this at [austover@gmail.com](mailto:austover@gmail.com).

If you are interested in taking CPR/AED training, please send Tim an email (at [austover@gmail.com](mailto:austover@gmail.com)) with your name, your email address, and a very broad indication of the days and times when you are most likely to be able to attend.

Please respond by February 15, at which point we will figure out what schedule we can put together.

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## Children and Youth



•**THIS Sunday, February 11:** **Elowen, Annemarie's daughter**, will be baptized on that day, and the children will be able to participate with the rest of the congregation. We'll have abbreviated Sunday School classes that day so that we can be present for the baptism part of the service.

•**Sunday, February 25: Children's Worship service.** There will be no Sunday School classes that day. The children will participate in various ways in the service. More information will follow.

**Nursery Volunteers:** Thank you to all who have signed up to volunteer on various Sundays. Your help is greatly appreciated! Anyone who already has their necessary clearances and is willing and able to help out with our little ones during the 10 am. worship service, please reach out to me, Liz MacDonald, via text/call at 412-865-6486 or email [Liz702988@gmail.com](mailto:Liz702988@gmail.com).



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**Brendan's Boots.** The parish walking group will return to the banks of the Allegheny River on **Monday, Feb. 26**, leaving from the church at **9 am**. Carpools will park at Washington's Landing in Pittsburgh, trek along the Three Rivers Heritage Trail, cross the David McCullough Bridge, then continue along the river trail in the Strip District. Walkers will have time to browse and have lunch in the Strip before heading back to their cars. Everyone is welcome; feel free to bring a friend. For more info, please contact Tom Waseleski, [twaseleski@comcast.net](mailto:twaseleski@comcast.net).



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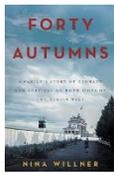
**Next Tai Chi Class Tuesday, February 27, 12 Noon at St. Brendan's.** once again led by Thaddeus Popovich.

Tai Chi for Arthritis and Fall Prevention is easy to learn, effective and safe. It increases flexibility, muscle strength, mental activity and heart/lung capacity while it aligns posture and improves balance. Studies show this class is safe and effective for people with arthritis, and is an excellent fall prevention program. It's also a good way to decrease stress and anxiety, promote serenity and help you meditate. Plus it's fun and relaxing.

Everyone is welcome; no experience necessary. A donation of \$5 per class is voluntary, and Thaddeus will give all donations back to St. Brendan's as he is offering this class as a special gift to St. Brendan's.

Please add your name to the sign-up sheet in the Narthex if you would like to attend. Questions? Contact Donna Aiello at [donna.aiello@forecastdirect.com](mailto:donna.aiello@forecastdirect.com).

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**St. Brendan's Book Club** is meeting on **Monday, March 4 at 1 pm** in the church library to discuss *Forty Autumns* by Nina Willner, a memoir of a family split by the Berlin wall. All are welcome--please join us!

Upcoming titles:

**April 8:** Remarkably Bright Creatures by Shelby van Pelt

**May 6:** My Life in France by Julia Child

Any questions? Contact Pat Carl, [pkarrcar@gmail.com](mailto:pkarrcar@gmail.com).

## Justice Ministry Events

Here's what's going on in the Justice Ministry: **Get your kit to help the homeless today!**



We take so many things for granted – our homes, fresh water, lights, clean clothes, the list goes on and on. Some folks do not have these luxuries; they live on the street or in their cars.

The Justice Ministry is once again offering a Lenten project to help the homeless right from our own homes. You will receive a calendar, with a different entry for each day during Lent. If you have access to that item or if you do the daily task, put a small amount of money in the provided container. For instance, donate \$0.50 every time you have a meal today, give \$0.25 if your home has heat, etc.

At the end of Lent, bring the carton of money to church, and the funds will be given to Outreached Arms, a non-profit for the homeless. The money will be distributed through First Presbyterian Church of Pittsburgh.

All are welcome to participate -- adults and children. **Pick up your kit to help the homeless in the narthex on one of the next 2 Sundays, February 12 and 19.** Please help us help the homeless in Pittsburgh! Thank you.



**We can all agree that clean air is a basic need. Now our future is at stake!** Unfortunately, our region continues to rank poorly in air quality assessments, a key factor to a livable future. Matt Mehalik, Executive Director of the Breathe Project, will help us learn what we can do to assure a future with clean air.

**Please join us: Sunday, March 3, 11:30 pm (right after the 10am service in the Parish Hall)**

*A little about Matt:*

Besides working as Executive Director of the Breathe Project, Matt teaches environmental policy and community resiliency courses at Heinz College and Carnegie Mellon University. He also served as Program Director of Sustainable Pittsburgh for 10 years. Matt has a Ph.D. in Systems Engineering, is published and serves as the chair of the board of trustees of Phipps Conservatory.

**You won't want to miss this important talk!** Questions? Contact Donna Aiello at [donna.aiello@forecastdirect.com](mailto:donna.aiello@forecastdirect.com).



**Neighborhood Resilience Project (NPR).** We will once again pack lunches for NPR four times over this year. Dates for packing are: April 13, July 13, September 21 and November 9 – all Saturday mornings. If you would like to help, please mark those dates on your calendar.



**Recycling Initiative.** St. Brendan's does not have any recycling pick-up. So, in an effort to help our environment and set a good example for our children, we are starting a recycling initiative. Recycling containers will be in the Parish Hall after Hospitality each Sunday. There are colored containers labeled for glass, metal, plastic, and paper. Please take a moment and make sure your items are placed in the correct bin. Some members have volunteered to take the contents and place them in their recycling at home. We hope to be expanding this program in the future.

**\* Did you know?** Glass can be recycled behind the Franklin Police Station, right around the corner from St. Brendan's.



**Pride Parade.** Save the Date – Saturday, June 1. Stay tuned for more information.

If you would like to participate in any of these projects or have ideas for other social justice projects, contact Donna Aiello or Marilyn Mulvihill. Thank you!

## Prayer Requests

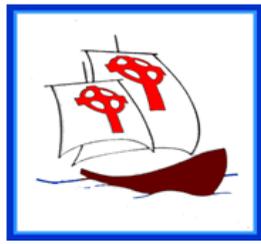
**We pray for our beloved members of St. Brendan's,** especially: Janet Fesq, Anne Semmler, Joan Beatrous, Nancy Bancroft, Dave Miller, Matthew, Jim Gray, Linda Schneider, Kelli Cerra, Charlotte Pierce, Larry Tarrant, Rosie Wood, Bill Spoonhoward, Mark Shoemaker, Nancy Snyder, Ruth Haider, Sherri Angeletti, Alice Butterworth, Judy McKarnin, Margie Davies, Joyce Donadee.

**For our parents,** especially: Ken McCormack, Margaret Nagel. Ray Militzer, Lenora, Diane Davis.

**For our family members,** especially: Conor Taylor, Neil Amor, Carol and Guy Estes, Pat Schulze, John, Rich Mankowski, Joann, Bee Ward, Margaret and Lawrence Czerpak, Frank Nagy, Sierra Reckley, Paula Watson, Pat Shields, Ann & Ben Kirkpatrick, Christian, Sue Burchill, Jay & A, Robert Donato, Rosalie & Geoff Wood, Carol Schmitz, Tom Groves, Marie Hazelton, David Pingree, A-C, Nathan Schlumpf, Rich, Laurie Brooks, Bob Kiehl.

**For our friends,** especially: Mike Colavita, Terri Hockenberry, The Silveira family, Ellen Kuntz, Jordon Medlin, Fran Gargotta, Connie Geiger, Vivian, Cindy & Bob Getty, Ron Neurohr, Patty Herrington, Jim Noel, Josh, Juliana Moses, Pat Reiner, Johan Smith, Maggie Cervone, Nancy Baker, Phil & Bernice Bollman.

**If you know someone who would like a visit from Mtr. Robin,** please email her at [Robin@stbrendans.org](mailto:Robin@stbrendans.org).



# February Ministry Calendar 2024

Date	Lectors	Sunday School	Nursery	Altar Guild	Greeters	Ushers	Steward	Vestry	Hospitality
February 4 Sunday 8 & 10:00 am	8 Tammy Spoonhoward 1 <sup>st</sup> Ann Vinski 2 <sup>nd</sup> Tony Turo P Donna Aiello	Lambs Saundy Waseleski FISH Allison Kline Door keeper TBD	Liz MacDonald Susan Shields Annemarie Malbon	Sylvia Affleck Phoebe Juel	Saundy Waseleski Tom Waseleski	Tim Austin Linda Limberis	John Appledorn	Sandy Nagy	TBD
February 11 Sunday 8 & 10:00 am The Last Sunday after Epiphany	8 Sylvia Affleck 1 <sup>st</sup> Sandy Nagy 2 <sup>nd</sup> Paul Quinn P Tony Turo	Lambs Saundy Waseleski FISH Saundy Waseleski Door keeper Tom Waseleski	Liz MacDonald Dawn Day-Quinn	Joan Klinefelter Anelisa Tarrant	Sharon Hlawati Donna Aiello	Julia & Mike Wick	Tim Austin	Dan Moore Richard Munsch	TBD
February 18 Sunday 8 & 10:00 am The First Sunday in Lent	8 Johanna Rengers 1 <sup>st</sup> Cindy Koszarek 2 <sup>nd</sup> Dean Peters P Mary Bertucci	Lambs Kayla Tweedle FISH Allison Kline Door keeper Ellen Groves	Liz MacDonald Susan Shields	Tammy Spoonhoward Barb Fure	Annemarie Malbon Annie Koch	TBD	Tim Austin	John Appeldorn Melanie Popovich	TBD
February 25 Sunday 8 & 10:00 am	8 Ellen Groves 1 <sup>st</sup> Children 2 <sup>nd</sup> Children P John Appeldorn	Children's Service	Liz MacDonald Molly Kirk	Ellen Groves Janice Moore	Susan Shields Kate Heston	Donna Aiello Allyson Baierl	Linda Limberis	Kate Heston Frances Harpst	TBD



## ST. BRENDAN'S MISSION

Jesus said, "I have come to give life – life in all its fullness." John 10:10.  
Our mission is the realization of fullness through:  
the worship of God; service to the world;  
active concern for each other;  
and education to expand mind and spirit.

### VESTRY MEMBERS

Sr. Warden: Tom Waseleski  
Jr. Warden: Dan Moore  
Communication: Sandy Nagy  
Children & Youth: TBD  
Finance: TBD  
Fundraising: TBD  
Inreach & Hospitality: Kate Heston  
Membership: TBD  
Outreach: TBD  
Secretary/Clerk: TBD  
Worship: Neil Galone  
Treasurer: Ellen Groves

### WORSHIP MINISTRY LEADERS

Acolyte: Anelisa Tarrant  
Altar Guild: Anelisa Tarrant  
Flower Ministry: Libby Juel & Sylvia Affleck  
Greeter: Donna Aiello  
Lector: Ann Vinski  
Scheduler: Kelli Cerra  
Spirituality: Donna Aiello

### PARISH LIFE MINISTRY LEADERS

Audit: Kevin Boyd  
Book Club: Anne Semmler  
Brendan's Boots: Tom Waseleski  
Bulletin Coordinators: Pat Carl & Carol Meese  
Dinner Group: Janice Moore  
Fiber Crafting Club: Sherri Angeletti  
Finance Chair: Lauren Ramakrishna  
Green Thumb Gang: Dan Moore  
Historian: Ellen Groves  
Holiday Happenings/Cookie Walk: Donna Aiello  
Memorial Garden: John Appeldorn  
Merry Meal Makers (M&M's): Saundy Waseleski  
Reiki Ministry: Melanie Popovich  
Rental: Marilyn Mulvihill  
Scholarship: Allison Kline~Ann Vinski~Mike Wick  
Web Site: Kelli Cerra

### OUTREACH MINISTRY LEADERS

Adopt-A-Highway: Tom Waseleski  
CRIES Advocacy: Ellen Groves  
ESL: Tim Austin  
Joyce Donadee  
Garden of Hope: Annemarie Malbon  
Justice Ministry: Marilyn Mulvihill & Donna Aiello  
Miryam's: Julia Wick  
North Hills Food Banks: Ruth Horton

### WEEKLY AT ST. BRENDAN'S

Sunday: 8:00 am Worship, in person  
10:00 am Worship, in person and live streaming  
[https://www.youtube.com/channel/UCkCY2BEJXlqMoVc\\_nXXG7ew](https://www.youtube.com/channel/UCkCY2BEJXlqMoVc_nXXG7ew)  
Monday: 8:00 am Daily Morning Prayer, via zoom, Monday thru Friday  
<https://us02web.zoom.us/j/83591825912?pwd=a3BGcCswanE1OFFXaVBWbDBYRGM1UT09>  
9:00 am Katie office hours till 1:00 pm  
10:00 am Modern Episcopalian, via zoom  
Tuesday: 9:00 am Katie office hours till 1:00 pm  
11:00 am Bible Study, via zoom <https://zoom.us/j/4575423762>  
4:30 pm Book Club discussion, via zoom <https://us02web.zoom.us/j/81484853481>  
Wednesday: 9:00 am Katie office hours till 1:00 pm  
1:00 pm Mother Robin office hours till 5:00 pm  
6:00 pm Midweek Eucharist  
Thursday: 9:00 am Katie office hours till 1:00 pm  
11:00 am Mother Robin office hours till 4:00 pm

### ST. BRENDAN'S EPISCOPAL CHURCH

2365 McAleer Road, Sewickley, PA 15143  
Phone ~ 412-364-5974

Web Site ~ <http://www.stbrendans.org>

Online Parish Calendar ~ <https://www.stbrendans.org/calendar>

Online Parish Directory ~ <https://drive.google.com/file/d/1By4bzW6dJ2AwwZVlmlqjcQ4WFAynP16D/view?usp=sharing> (authorization required for access--apply online)

Facebook ~ <https://www.facebook.com/StBrendansEpiscopalChurch/>

Nextdoor ~ <https://franklinparkpittsburgh.nextdoor.com/pages/st-brendans-episcopal-church-sewickley-pa/recommend/>

Priest-in-Charge, Mother Robin Jarrell ~ [Robin@stbrendans.org](mailto:Robin@stbrendans.org)

Parish Administrator, Katie Cervone ~ [Katie@stbrendans.org](mailto:Katie@stbrendans.org)

Deacon, Rev. Darrell Johnson ~ [darrell@stbrendans.org](mailto:darrell@stbrendans.org)

Music Director, Daniel May ~ [bluesub@verizon.net](mailto:bluesub@verizon.net)

Nursery Director, Liz MacDonald ~ [Liz702988@gmail.com](mailto:Liz702988@gmail.com)

Vestry ~ [Vestry@stbrendans.org](mailto:Vestry@stbrendans.org)